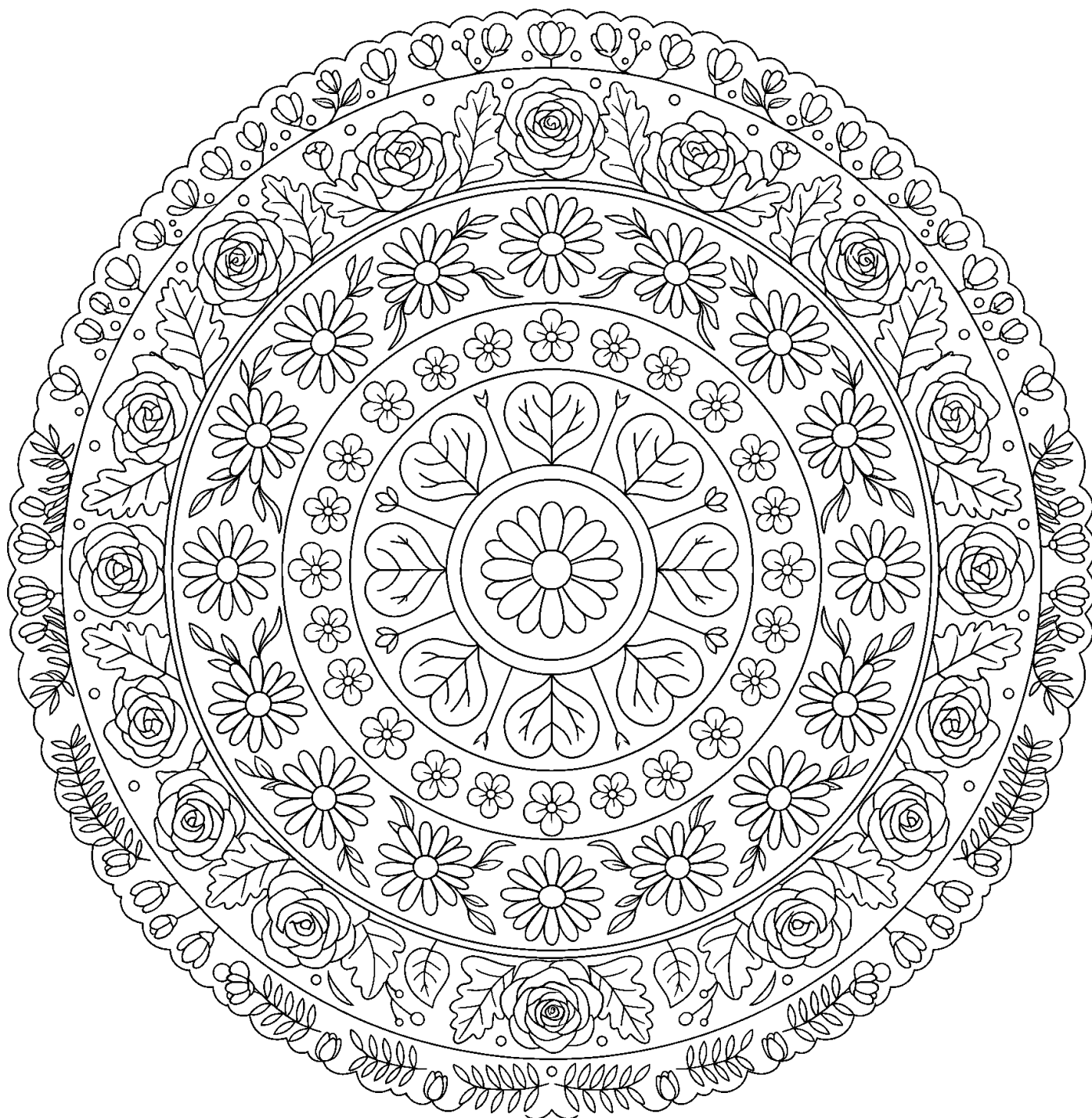


Flower Mandala

Mandalas · Flowers

Builds: symmetry · working outward · calm sustained focus



Talk about it: How many rings can you count? Which ring will you start with?

Grown-up tip: Suggest working from the center outward and using the same color in each ring. Having a simple rule to follow is what turns a mandala into a calming activity rather than a big decision.