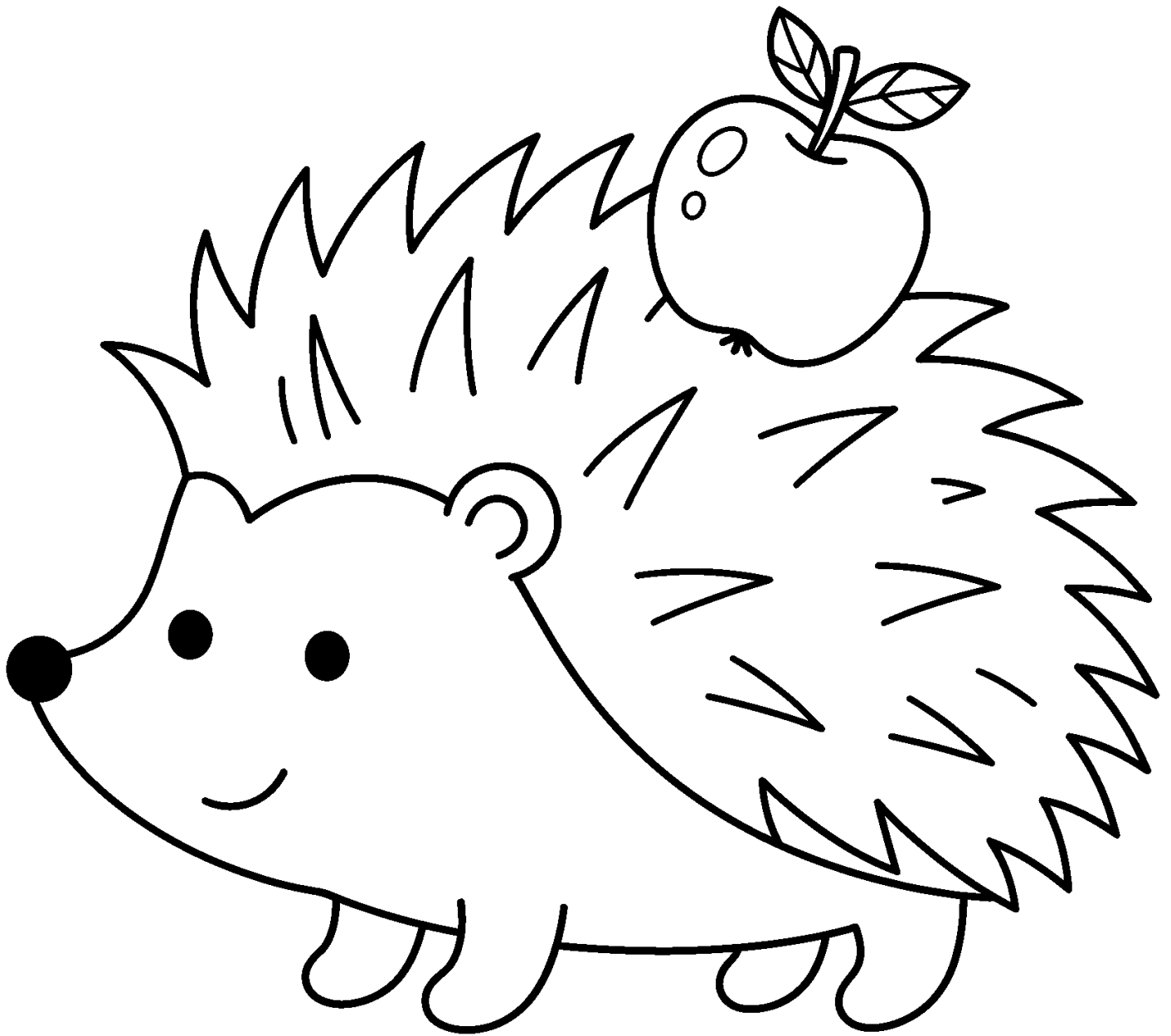


Quill the Hedgehog

Animals · In the garden

Builds: short repeated strokes · directionality · finger strength



Talk about it: What does a hedgehog do when it is scared?

Grown-up tip: Use the tip of the pencil, not the side, and work in one direction. Short repeated strokes are the grip-strength exercise occupational therapists recommend most.