

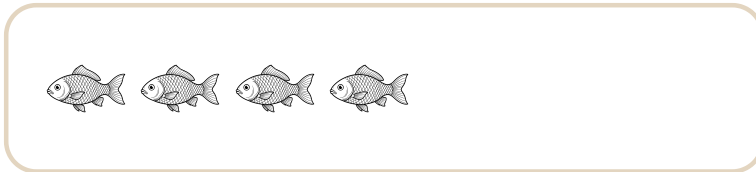
Count and write 1-10

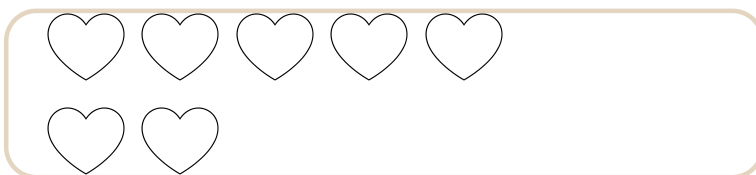
Count the pictures in the frame and write the numeral in both boxes.

Recommended age: 5-6 years · count and write

Name _____

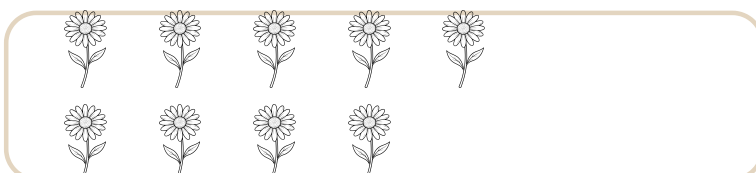
Date _____

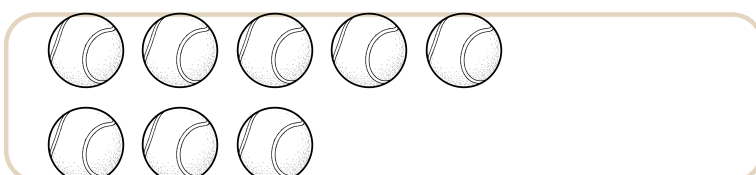












Tip for parents: Encourage counting in fives: the top row is five, the bottom row is the rest. If the shape of nine or ten is unclear, show it on the number line from this category and let the child copy it. With ten, watch the order – the one first, then the zero.

One more, one less to 10

Read the numeral in the middle. Write one less on the left and one more on the right.

Recommended age: 5–6 years · count and write

Name _____

Date _____

—	-1 ←	3	+1 →	—
—	-1 ←	5	+1 →	—
—	-1 ←	6	+1 →	—
—	-1 ←	8	+1 →	—
—	-1 ←	9	+1 →	—
—	-1 ←	7	+1 →	—

Tip for parents: This is adding and subtracting one without the equals sign. If the child answers correctly but mixes up the sides, have them say the answer first and point to where it goes. Counting backwards is the harder half – keep it short and frequent, five rows a day is plenty.

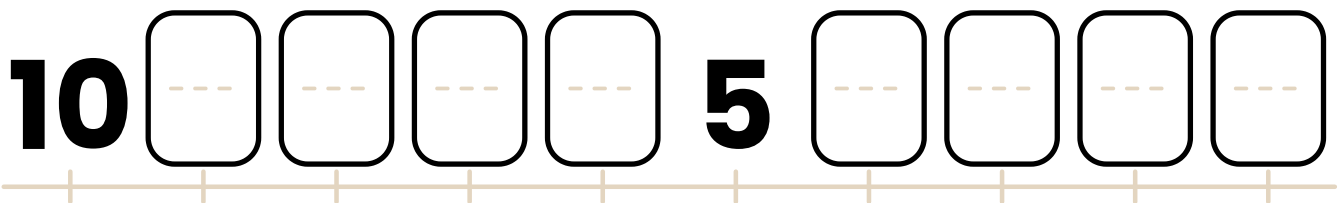
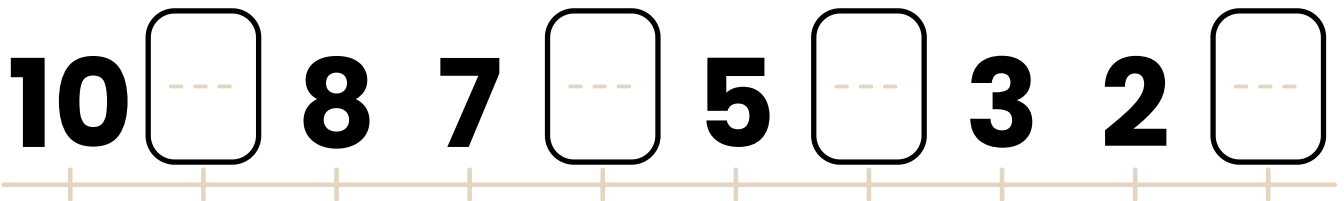
Number line backwards 10-1

Read the first row out loud backwards: ten, nine, eight... Then fill in the numbers missing from the other two.

Recommended age: 5-6 years · count and write

Name _____

Date _____



Tip for parents: Children muddle counting backwards even when counting up is fluent – that is normal. Everyday countdowns help: steps going down, ten seconds before a start. For the third row, let the child use the first row above it.

Number words 1–10 to trace

Read the numeral and trace the word that goes with it. Say every word out loud.

Recommended age: 5–6 years · count and write

Name _____

Date _____

1

ONE

2

TWO

3

THREE

4

FOUR

5

FIVE

6

SIX

7

SEVEN

8

EIGHT

9

NINE

10

TEN

Tip for parents: Tracing words doubles as handwriting practice: watch the grip and the stroke direction, not the accuracy. If the child does not read yet, read the word aloud and let them repeat it – remembering it as a shape is enough at this age. Anyone keen can write the words once more on blank paper.